



# Listening to Long COVID ECHO Series

## Empathy starts with listening

This telementoring series explores the effects of Long COVID and shares management strategies, including complementary approaches, to delivering care. Sessions include a brief educational presentation, a story shared by someone impacted by Long COVID, and group discussion to share challenges and strategies for care.

### Friday sessions at 12:00 - 1:00 pm (Central)

2/24/23	Science of Long-COVID and evidence-based treatments
3/03/23	Mental health impact of Long-COVID and approaches for care
3/10/23	Integrative health approaches to Long-COVID management
3/24/23	Indigenous approaches to healing
3/31/23	Panel Discussion: Faith and healing
4/7/23	Healing and the Arts

### Register: [bit.ly/LongCOVID-ECHO](https://bit.ly/LongCOVID-ECHO)

**FREE** Continuing Education credits for physicians, physician assistants, nurses, pharmacists, pharmacist technicians, and social workers.



## Learn and share:

- The science behind Long COVID
- The patient experience (physical, socio-economical, psychological)
- Evidence-based and integrative care approaches
- Empathetic communication strategies for healthcare workers to build awareness, trust, empathy, and open communication with patients
- Tools, referrals, and resources that support continuity of care

## Why Join

- Free continuing education credits
- Ongoing, case-based learning
- Engagement with a dynamic community of learning
- Professional growth and networking
- Capacity building for community health

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For more information, please visit <https://minorityhealth.hhs.gov/>

Learn more at: <https://uthscsa.edu/ECHO>